

PERSONAL EMERGENCY RISK ASSESSMENT

Regional Preparedness Checklist

Identify the emergencies most likely to affect your household, then focus your time and budget on the preparations that matter most.

SURVIVAL PLACE BLOG | Practical preparedness starts with realistic risk.

1. Identify Your Regional Hazards

Check the hazards that are realistic for your area. Local emergency management and weather services can help refine this list.

☐ Hurricane / tropical storm	☐ Tornado / severe thunderstorm
☐ Wildfire / smoke	☐ Earthquake
☐ Flash flood / river flooding	☐ Winter storm / extreme cold
☐ Extreme heat	☐ Drought
☐ Landslide / mudslide	☐ Other: _____

2. What Would Those Hazards Actually Disrupt?

☐ Power for several days	☐ Running water
☐ Heating or cooling	☐ Road access / transportation
☐ Cell service / internet	☐ Electronic payments / ATMs
☐ Fuel availability	☐ Grocery access
☐ Prescription medication access	☐ School / workplace access
☐ Need to evacuate	☐ Need to shelter at home

3. Rank Your Top Three Risks

Priority	Hazard	Most likely consequence	What I need to improve
1			
2			
3			

4. All-Hazards Preparedness Check

Check what is already covered, then focus on the gaps that deserve attention first.

■ At least 3 days of drinking water	■ Shelf-stable emergency food
■ Prescription medications / medical needs	■ First aid supplies
■ Flashlights / headlamps	■ Spare batteries
■ Backup phone charging	■ Emergency radio
■ Hygiene and sanitation supplies	■ Warmth / weather-appropriate clothing
■ Copies of important information	■ Emergency cash
■ Pet supplies	■ Basic tools
■ Fire extinguisher / smoke and CO alarms	■ Water treatment backup

5. Evacuation and Communication

- I know at least two routes out of my neighborhood.
- My household has a meeting place if we become separated.
- We have an out-of-area emergency contact.
- Important phone numbers are available on paper.
- Our vehicle is maintained and normally kept reasonably fueled.
- We know where we would go if we had to leave home.

6. If the Emergency Starts While I'm Away

Question	My answer
How would I get home if my normal route were closed?	
What supplies do I keep at work or in my vehicle?	
Could I safely remain where I am for several hours or overnight?	

7. My Next Three Preparedness Actions

Action	Target date
1. _____	_____
2. _____	_____
3. _____	_____

REMEMBER: Prepare first for the hazards most likely where you live, then build capabilities that help across many emergencies.