

GREY MAN LOW-PROFILE PREPAREDNESS CHECKLIST

Be prepared without advertising that you're prepared.

The goal is not invisibility. Look normal for the environment, stay aware, carry what you need discreetly, and know when being visible is safer than blending in.

APPEARANCE: LOOK NORMAL FOR THE ENVIRONMENT

- Clothing fits the location, weather and people around me
- No unnecessary slogans, symbols or highly memorable accessories
- Footwear is comfortable enough for extended walking
- I am not relying on a fixed 'grey man uniform'
- My appearance does not advertise expensive or specialized gear

BACKPACK & EVERYDAY CARRY

- My bag looks like an ordinary commuter, school, travel or hiking bag
- Useful supplies are kept inside rather than hanging from the outside
- I carry only what fits my real routine and likely emergencies
- Phone, identification, keys and necessary medications are accessible
- I have practical lighting and backup phone power when appropriate

SITUATIONAL AWARENESS

- I know where the nearest exits or alternate routes are
- I notice changes in crowd behavior, traffic and surroundings
- I observe without staring or acting suspiciously
- I avoid unnecessary arguments and confrontations
- I make decisions early when conditions begin deteriorating

EVACUATION & TRAVEL

- I know my primary destination and at least one alternate
- I have more than one route when practical
- Important documents and valuables are secured and discreet
- I avoid displaying large amounts of cash or expensive electronics
- I know how to navigate if my phone or network service fails

VEHICLE & HOME

- Vehicle emergency supplies are secured and preferably out of sight
- My vehicle does not unnecessarily advertise preparedness equipment
- My vehicle is maintained and has adequate fuel
- Home emergency supplies are organized without being openly displayed
- Basic home security is effective without making the property look like a fortress

DIGITAL LOW PROFILE

- I avoid publicly posting when my home will be empty
- I do not advertise large emergency stockpiles or expensive equipment
- I avoid posting personal documents or unnecessary location details
- I think before sharing routines that reveal predictable movements

QUICK SELF-CHECK: DO I STAND OUT?

- Would my clothing look normal among the people around me?
- Does my backpack look ordinary for this environment?
- Is visible gear telling strangers more than they need to know?
- Am I acting calm and purposeful rather than aggressive or frightened?
- Do I know where I would go if I needed to leave right now?

KNOW WHEN NOT TO BLEND IN

- If rescuers are searching for me, I make myself visible
- I use reflective or high-visibility gear when road safety requires it
- I follow emergency personnel instructions even if they make me noticeable
- I prioritize safety over staying inconspicuous

CORE PRINCIPLE: Blend in when discretion improves safety. Be visible when visibility improves safety.

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